

Week 1 PS and Nursery menu

from 24th October 2022

WC – 24th October, 14th November, 5th December

TRAYS	MONDAY Meat free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup
Red Tray Includes soup or pudding and salad bar	Tomato Pasta Seasonal Salad	Cheese and Tomato pizza Ovenbaked Potato Wedges Seasonal salad	Steak Pie Mashed potato Seasonal Vegetables	Macaroni Cheese Peas and sweetcorn	Breaded Fish Fillet Chips Baked Beans
Blue Tray Includes soup or pudding and salad bar	Savoury Rice Korma Sauce	Chilli Rice	Quorn Sausage and Gravy Mashed Potato Seasonal Vegetables	Jacket potato Baked Beans	Quorn Dippers Chips Baked Beans
Green Tray Includes soup and pudding and salad bar	Cheese Roll	Tuna Wrap	Cheese Panini	Ham Sandwich	Chicken Roll
Pudding	Vanilla Ice Cream or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit	Chocolate Muffin Fruit / Tinned Fruit	Fruit / Tinned Fruit
Salad Bar	Grated Carrot Sweetcorn	Cucumber Beetroot	Rice with Peas and Corn Cherry Tomatoes	Cucumber Mixed Salad	Carrot Rounds Pickled Onions

Week 2

WC - 10th & 31st October, 21st November, 12th December

TRAYS	MONDAY Meat Free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup
Red Tray Includes soup or pudding and salad bar	Macaroni Cheese Seasonal Vegetables	Chicken Korma Rice Seasonal Vegetables	Gammon and Pineapple Oven Baked Potato Wedges Sweetcorn	Spaghetti Bolognese Salad	Breaded Salmon Fish Fillet Chips Baked Beans or Peas
Blue Tray Includes soup or pudding and salad bar	Cheese and Tomato pizza Ovenbaked Potato Wedges Cucumber Slices	Jacket potato Cheese or Tuna Seasonal Salad	Spicy Tomato Pasta Garlic Bread	Vegetarian Haggis Neeps Tatties	Chicken Sausage Chips Baked Beans or Peas
Green Tray Includes soup and pudding and salad bar	Egg Roll	Cheese Sandwich	Tuna Wrap	Chicken Burger Roll	Cheese sandwich
Pudding	Fruit / Tinned Fruit	Shortbread or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Vanilla Sponge and Custard or Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit
Salad Bar	Grated Carrot Pickled Onions	Cucumber Sweetcorn	Rice Salad Potato salad	Cucumber Coleslaw	Tuna Pasta Grated carrot

WEEK 3

WC –17th October, 7th & 28th November, 19th December

TRAYS	MONDAY Meat Free Monday	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup	Lentil Soup
Red Tray Includes soup or pudding and salad bar	Macaroni Cheese Peas and Sweetcorn	Cheese and Tomato pizza Ovenbaked Potato Wedges Seasonal Salad	Beefburger Thin Fries Coleslaw	Roast Chicken Dinner Yorkshire pudding Mashed Potato Seasonal Vegetables	Breaded Fish Fillet Chips Peas
Blue Tray Includes soup or pudding and salad bar	Jacket potato Baked Beans	Fried Rice with Quorn Dippers Sweet and Sour sauce	Curry Rice	Tomato Pasta Pot Garlic Bread Seasonal Salad	Vegetable Lasagne Seasonal Vegetables
Green tray Includes soup and pudding and salad bar	Cheese Baguette	Chicken Lorne Roll	Tuna Wrap	Ham Roll	Cheese Panini
Pudding	Oattie Biscuit / Flapjack Biscuit or Fruit / Tinned Fruit	Yogurt or Fruit / Tinned Fruit	Iced Biscuit or Fruit / Tinned Fruit	Fruit / Tinned Fruit	Fruit / Tinned Fruit
Salad Bar	Grated Carrot Bastard	Tuna Pasta Pickled Onions	Cucumber Sliced Tomato	Potato Salad Sweetcorn	Carrot Rounds Salad